

COMMAND AND CONTROL SHIFT PATTERN

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total Hours
0630-1500	0630-1500	1245-2215	1245-2215	2145-0700	2145-0700	Off	51.5
Off	Off	Off	0630-1500	0630-1500	1245-2215	1245-2215	34
2145-0700	2145-0700	Off	Off	Off	Off	0630-1500	25.5
0630-1500	1245-2215	1245-2215	2145-0700	2145-0700	Off	Off	43.5
Off	Off	0630-1500	0630-1500	1245-2215	1245-2215	2145-0700	42.75
2145-0700	Off	Off	Off	Off	0630-1500	0630-1500	24.75
1245-2215	1245-2215	2145-0700	2145-0700	Off	Off	Off	35.5
Off	0630-1500	0630-1500	1245-2215	1245-2215	2145-0700	2145-0700	51.5
Off	Off	Off	0800-1630	0630-1500	0630-1500	1245-2215	33
1245-2215	2145-0700	2145-0700	Off	Off	Off	Off	26.5
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Earlies	0630-1500 with 30 mins break = 8 hour duty day
Lates	1245-2215 with 30 mins break = 9 hour duty day
Nights	2145-0700 with 30 mins break = 8.75 hours duty day
Training Day	0800-1630 with 30 mins break = 8 hour duty day

Once in every 50 weeks between the months of October and May, a 1 x 7.5 hour team building day of 0830-1630 with a 30 minute break will be rostered.

This will bring the average weekly hours worked over 50 weeks to 37 hours per week.

The team building day will fall on one of the fourth rest days in a block. There will be at least a 28 day gap between any training day and the team building day taking place.

As is current practice in CMCU, the summer training day will be re-rostered to the preceeding Autumn to provide periods of 4 clear rest days throughout the busier summer period. Again, a minimum of 28 days will always separate 2 training days.